

**Message for the month – September 2024**

I bring you cool greetings from the Secretariat on this the first day of one of my favourite months – “Ber months”. It signals new beginnings allowing us to look at a new mindset. Be reminded that the best time to start anything you want to is now. You have what you need within you. Surround yourself with good people. You can work hard and still take care of yourself. The month of September shows us how beautiful it is to let things go – moving from Summer to Autumn. It is said that life is beautiful in July, gorgeous in August and cheerful in September. May this September bring you lots of cheer as you seek to celebrate new beginnings that the month brings. Some things to love about September – crisp air, the smell of cinnamon (baking), cozy pyjamas and candle lit bubble baths. The list can be increased based on your own likings. Whatever you do, make it a September to remember.

*FROM THE PRESIDENT’S DESK*



***For Your Information***

***Regional Health Authorities***

In 1998, Jamaica’s Health system was decentralized. This means that authority for the Ministry of Health systems was moved from the parent ministry to local levels. We moved from one Ministry of Health to the Regional Health Authorities (RHAs) - South East, North East, Western and Southern Regional Health Authorities. Our system also involves the University Hospital of the West Indies (UHWI) and the Bellevue Hospital which are not assigned to any Regional Health Authority. All these six (6) areas have their own Board of Management, appointed by the Ministry of Health. All matters relating to Human Resource Management and Finances are managed by the entities.

**UNITED IN SERVI CE.**

***Dawn-Marie Richards***

***September 2024***

 ***Save the Date!***

* September 17-18 - NAJ Presidential Elections
* September 27-29 - CNMF Conference - Malta
* October 10-12 - NAJ AGM/IC – Moon

Palace Hotel

* October 21 - National Heroes Day
* October 20-26 - CNO Conference –

Guyana

* October 26 - CNO Day
* November 23 - Mary Seacole Day

**“To bring about change, you must not be afraid to take the first steps. We will fail when we fail to try.” - Rosa Parks**

***Motivational Corner***



***Did you Know?***

The LASCO Chin Foundation was born out of the many arms of the LASCO Affiliated Group in 2015, to consolidate and include the charitable activities of the group. It was born out of the LASCO Distributors Limited, founded in September 1988 by the late Hon. Lascelles Chin. The other affiliated companies include LASCO Foods (Successors), LASCO Manufacturing Ltd. and LASCO Financial Services. Today we are thankful for the existence of the LASCO Chin Foundation as they continue to maintain outstanding relations with the NAJ.

***Activities***

* September 3 - Officers Meeting
* September 4 - Executive Meeting
* September 9 - Property Management and

Publicity & Public Relations

Committee Meetings

* September 11 - Election Day Worker Training
* September 17 & 18 - NAJ Presidential Elections
* September 19 - Committee Meetings
* September 26-28 - CNMF Conference, Malta